

## Mary Beth Ahlum

### Personal Data

Home Address: 1100 Cambridge Court #5, Lincoln, NE 68505-1756, USA

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Current Position: Professor of Psychology  
Nebraska Wesleyan University

### Educational History

Ph.D. 1983 The Pennsylvania State University, University Park, Pennsylvania  
Educational Psychology

M. S. 1981 The Pennsylvania State University, University Park, Pennsylvania  
Educational Psychology

B. S. 1978 Denison University, Granville, Ohio  
Psychology

### Academic & Professional History

8/85 - present Department of Psychology  
Nebraska Wesleyan University

SP 2008 Acting Chair, Psychology Department

5/99 – 12/02 Chair, Psychology Department

8/95 - present Professor of Psychology

8/89 - 5/95 Associate Professor of Psychology

8/85 - 5/89 Assistant Professor of Psychology

9/83 - 6/85 Assistant Professor of Psychology & Education  
Waycross College, Waycross, Georgia

9/82 - 12/82 Instructor of Psychology  
Kutztown University, Kutztown, Pennsylvania

9/80 – 8/82 Graduate Assistant, Instructional Support Center  
Penn State University

10/80 – 8/82 Intern, Childhood & Parenting Division  
Appalachia Educational Laboratory  
Charleston, West Virginia

6/79 – 5/80	Teaching Assistant, Department of Educational Psychology Penn State University
9/78 – 8/79	Staffperson, Women's Resource Center Rape/Abuse Crisis Group, State College, Pennsylvania

### **Administrative Service at Nebraska Wesleyan University**

1/08 – 5/08	Acting Chair, Department of Psychology
5/99 – 12/02	Chair, Department of Psychology
12/92 – 12/98	Program Director, Women's Studies Program Women's Studies minor initiated and approved Spring 1990 Women's Studies major initiated and approved Spring 1996

### **Teaching Experience - Psychology Courses**

Psych 1	Basic Psychological Science
Psych 2	Applied Psychological Science
Psych 1010	Introduction to Psychological Science: In both face-to-face and blended learning formats
Psych 120	Psychology of Women
Psych 125	Psychology of Gender
Psych 2300	Child & Adolescent Psychology
Psych 2350	Lifespan Development
Psych 3700	Cognitive Psychology
Psych 290	Cross-Cultural Psychology in Costa Rica
Psych 294	Senior Seminar (no longer offered)
Psych 294	Professional Seminar (Fall 2012, which was the inaugural class)
Psych 4980	Introduction to Senior Research
Psych 4990	Senior Research

### **Interdisciplinary Teaching**

#### **Liberal Arts Seminars:**

IDS 1: The Ghost in the Weed Garden: Narratives of Psychological Disorders  
 IDS 1: Narratives of Mental Health  
 IDS 12: The First Year Student's Guide to Science  
 IDS 7: Relationships: Living and Loving  
 IDS1010: The Zombie Brain: An Introduction to Neuropsychology  
 IDS1210: Identity: An Introductory Exploration

#### **Attitudes & Values Seminars:**

IDS 253: Social Consciousness in the United States  
 IDS 251: What Price Survival?

### **Scholarship**

Reviewer for introductory psychology textbooks, cross-cultural psychology textbooks, developmental psychology textbooks, and for the journals *Psi Chi Journal of Psychological Research* and *Teaching of Psychology*.

### **Professional Activities**

Attended the Association for Psychological Science (APS) annual convention in Washington, DC, May 2013 and in San Francisco, CA, May 2014.

- Petro, M., & Ahlum, M. (2009, January). Write me a paragraph: Structured writing and retention. Poster session presented at the annual meeting of the National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Ahlum, M. (2009, January). Feminist psychology in the 21<sup>st</sup> century. Participant Idea Exchange session presented at the annual meeting of the National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Ahlum, M.B. (2004 and 1993). Two teaching tips included in C. Schacht, D. Knox., & S.L. McCammon (Eds.) *Instructor's Manual* to accompany *Choices in Sexuality*. Atlanta: West Educational Publishing.
- Ramaekers, A. R., Wells, N., Caouette, J., Colwell, A., & Ahlum, M. B. (2002). Psychologically speaking: An interview with Robert J. Sternberg. *Journal of Psychological Inquiry*, 7, 55-62.
- Littrell, M., Schmidt, S. & Ahlum, M.B. (2000). A conversation with Richard M. Suinn: Research, ethnic, cross-cultural, and professional issues. *Journal of Psychological Inquiry*, 5, 75-82.
- Keith, K.D., Fawl, C.L., Ahlum, M.B., Olson, C.T., Meerdink, J.E., & Bullock, H.E. (1997). We've been so long at the fair: Two decades of psychology on display. *Teaching of Psychology*, 24, 199-201.
- Ahlum-Heath, M.E., & DiVesta, F.J. (1986). The effect of conscious controlled verbalization of a cognitive strategy on transfer in problem solving. *Memory & Cognition*, 14, 281-285

#### **A Sample of Undergraduate Research Sponsored by Dr. Ahlum:**

##### **2013-2014**

- Christensen, Nate: Positivity Training  
 Fedoris, Benjamin: Positivity and Education: High Positivity and Grade Point Averages  
 Fedoris, Andrew: The Four P's of Life: Personality, Positivity, Payment, & P(Inequity)  
 Haugh, Troy: Effects of Expressive writing  
 Harms, Leah: Positive Mood and Type of Attention on Suspect Identification  
 Murdoch, Hanna: Evaluation of Female Political Candidates  
 Satterly, Michael: Resilience and Spirituality  
 Wilson, Alexandra: How Does Self-Talk Effect Performance?

##### **2001-2002**

- Collins, P. M. (2002, March). Hearing loss in college students. Paper presented at the Great Plains Students' Psychology Convention, Emporia, KS.

##### **2000-2001**

- Kluck, A. (2001, March). Effects of viewing the media-portrayed ideal on body image dissatisfaction in males and females. Paper presented at the Great Plains Students' Psychology Convention, Missouri Southern State College, Joplin, MO.

- McGill, M. (2001, March). Extracurricular activities: The effects of participation on children's self esteem. Paper presented at the Great Plains Students' Psychology Convention, Missouri Southern State College, Joplin, MO.

##### **1999-2000**

- Claus, M.K. (2000). Gendered toy preferences and assertiveness in preschoolers. *Journal of Psychological Inquiry*, 5, 15-18.
- Littrell, M. (2000). Limits for a lifetime: When children grow up in poverty. *Journal of Psychological Inquiry*, 5, 29-34.

### **Memberships in Professional Organizations**

Association for Psychological Science  
Society for the Teaching of Psychology  
Psi Chi: The National Honor Society in Psychology

### **Honors and Awards**

F92 & SP05 & F14      Sabbatical Leave

### **Faculty Service at Nebraska Wesleyan University**

Academic Planning Committee (SP13 – F13)  
Academic Standards Committee  
Constitutional Review Task Force  
Faculty Affairs Committee  
Faculty Archivist  
Faculty Development Committee  
Faculty Evaluation Committee  
General Education Assessment Committee  
Grade Appeals Committee, Chair  
Leadership Planning Task Force (under Dr. Boatman's Student Affairs aegis)  
Legislative Committee (Currently known as Curriculum Committee)  
Social & Applied Sciences Division Chair (F17 – SP19)  
University College Research Review Board (F11 – SP14)